



Wednesday, May 9 at 1:00 pm

Disrupt Aging in Your Community is a 90minute interactive workshop designed to offer participants an opportunity through dialogue to learn about the myths, stereotypes, and research around aging. This session will offer research conducted over the last year by AARP CT and community collaborator and consultant, Donna Fedus of "Borrow My Glasses."

It offers a new way to look at aging.

Please sign up!