

Mark your calendar for the RVNA Health & Wellness Fair

Saturday, April 21, 2018 | 10:00 am - 3:00 pm

East Ridge Middle School | 10 East Ridge Rd, Ridgefield

GOLD SPONSORS

BMW of Ridgefield



MAPLEWOOD
senior living



SILVER SPONSORS

Bethel Health Care Center &
The Cascades Assisted Living
Cramer & Anderson
Goldstone Family Foundation
The Greens at Cannondale
& Wilton Meadows
Impulse Printing

BRONZE SPONSORS

Hancock Hall / Filosa
Laurel Ridge Health Care Center
Orthopaedic Specialists of CT
Ridge Crest at Meadow Ridge
The Vascular Experts

ADDITIONAL SPONSORS

The Best Life Water
Caraluzzi's Market
Charter Research and Investment Group
Ridgefield Crossings
Stop & Shop
Webster Bank
Young Living Essential Oils

Free health screenings, demonstrations,
information and advice include:

- | | |
|-----------------------------|---|
| Acupuncture | Cholesterol, Anemia &
Glucose Screenings |
| Adult & Pediatric Eye Exams | Essential Oil Information |
| Ask the Dermatologist | Foot Exam |
| Ask the Dietitian | Fraud and Crime Prevention |
| Ask the Doctor | Gait Analysis |
| Ask the Doula | Hands-Only CPR Training |
| Ask the Orthopedist | Hearing Exam |
| Balance Testing | Mini Mental Health Exam |
| Blood Pressure | Pet Therapy |
| Body Composition | Skin Cancer Screening |
| Carotid Artery Screening | Stress Reduction |
| Chair Massage | Virtual Reality Dementia
Simulation |
| Chiropractic Screening | |

Additional parking is available at St. Andrew's Church (6 Ivy Hill Road), Winter Garden Ice Arena (111 Prospect Ridge), RVNA (27 Governor Street), and Veterans Park Elementary School (8 Governor Street). **Complimentary shuttle service** will be provided by Ridgefield Crossings and Riva's Rides, LLC.



27 Governor Street | Ridgefield, Connecticut | 203.438.5555 | ridgefieldvna.org
Medicare-Certified Home Health Care Agency

HomeCare by RVNA, Hospice by RVNA, and Rehab by RVNA are subsidiaries of RVNA.

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Activities/Demos

Ben's Bells Project
BMW of Ridgefield
Chair Massage - Cucumber & Chamomile
Restorative Living & Medicinal Skin LLC
Dry Needle Acupuncture - Peterson
Chiropractic & Acupuncture
Durable Medical Equipment Drive -
The NEAT Center at Oak Hill
Hands-Only CPR - Ridgefield Fire Dept.
Pain & Stress Relief Treatments -
Sophia Natural Health Center
Therapy Dogs - ROAR
Virtual Reality Dementia Simulation -
Oasis Senior Advisors

Ask the Experts

Audiologist - Advanced Audiology and
Hearing Aid Services*
Dermatologist - Dermatology Associates
of Western Connecticut*
Dietitian - RVNA
Doctor - Family Medical Associates
Doula - Doula MOMA
Orthopedist - Orthopaedic Specialists of CT
Podiatrist - Advanced Foot Care Center*
& Ridgefield Podiatry Associates*

Screenings

Adult & Pediatric Eye Screenings -
Ridgefield Lion's Club
Balance Testing - Rehab by RVNA
Blood Pressure - Bethel Health Care Center
& The Cascades Assisted Living
Body Composition - New Fairfield
Chiropractic Center
Carotid Artery Screening -
The Vascular Experts
Chiropractic Screening -
Boylan Chiropractic LLC

Cholesterol, Anemia, Glucose - RVNA
Foot Exam - Advanced Foot Care Center
& Ridgefield Podiatry Associates
Gait Analysis - Ridgefield Running
Company
Hearing Exam - Advanced Audiology
and Hearing Aid Services
Mini Mental Exam - Geriatric &
Adult Psychiatry
Skin Cancer - Dermatology Associates
of Western Connecticut

Medical Information & Support Services

Alzheimer's Association, CT Chapter
Ann's Place
American Parkinson Disease Association,
CT Chapter
BLAST Lyme
CT AL-ANON Family Groups
CT Community Care
Epilepsy Foundation of CT
Families Network of Western CT
Home Crew CT
HomeCare by RVNA
Hospice by RVNA
Medical Home Care
NAMI Southwest CT
Next Health LLC AgileLife Transfer
& Mobility System
Ridgefield Alzheimer's Caregivers
Support Group
RVNA
Sickle Cell Disease Association of
America, Southern CT
Southwestern CT OA Intergroup
The Bee Foundation
Vein Clinics of America
Western CT Health Network -
Norwalk Hospital
Women's Center of Greater Danbury

Wellness

Center for Mindfulness & Insight
Meditation
Gym Guyz Greenwich
Q International LLC - Independent
Bemer Distributor
Denise Ruggiero, The Best Life Water
Megan Couri, Young Living Essential Oils
Your Next Step Forward LLC

Senior Living

AARP Driver Safety Program
Commission on Aging - Ridgefield
Hancock Hall & Filosa for Nursing
and Rehabilitation
Laurel Ridge Health Care Center
Lifeway Mobility
Maplewood Senior Living
Ridge Crest at Meadow Ridge
Ridgefield Crossings
The Greens at Cannondale &
Wilton Meadows

Town Agencies & Social Services

Meals on Wheels of Ridgefield
Rides for Ridgefield
Ridgefield Emergency Preparedness
Ridgefield Health Department
Ridgefield Library
Ridgefield Parks & Recreation
Ridgefield Police Department
R U OK?

Financial & Legal Planning

American Senior Benefits
Charter Research and Investment Group
Cramer and Anderson LLP
Fairfield County Bank
Sweeney Legal LLC
Webster Bank

* also providing screenings



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