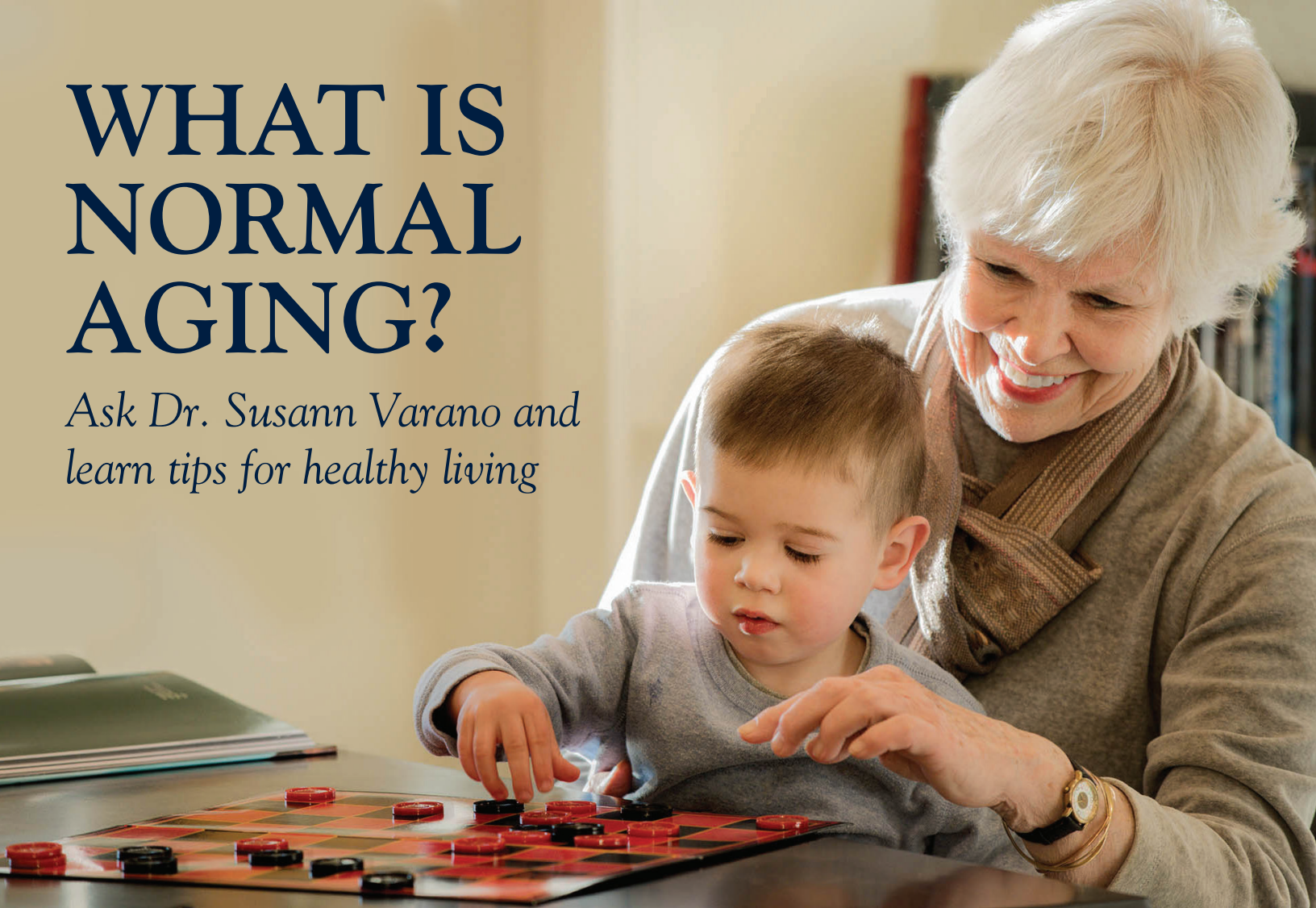


WHAT IS NORMAL AGING?

*Ask Dr. Susann Varano and
learn tips for healthy living*



**THURSDAY, OCTOBER 5TH
4:30 PM - 6:00 PM**

Join Dr. Susann Varano, MD – a Yale University trained physician, who is double board certified in Geriatrics and Internal Medicine – for a lighthearted look at the ups and downs of aging. A brilliant, dynamic speaker with a great sense of humor, Dr. Varano’s lectures such as: “The Normal Biology of Aging vs. Dementia”, “Depression” and “Delirium”, have been packed with eager community members.

Be our guest to discover the normal aging process (and what is abnormal!), and gain helpful tips on how to better manage bodily challenges as we age. A light supper will be provided.

**Please RSVP to Cindy Jones at 203-968-3142
or cjones@maplewoodsl.com.**



MAPLEWOOD
at danbury

A SENIOR LIVING COMMUNITY

Assisted Living & Memory Care

22 Hospital Avenue
Danbury, Connecticut

203-744-8444

MaplewoodAtDanbury.com

