

*Join Us For A Free*  
**Dinner & Learn**

Tuesday, May 2nd  
5:00PM – 7:00PM  
(Dinner Included)

Location:  
Laurel Ridge HCC  
642 Danbury Road  
Ridgefield, CT

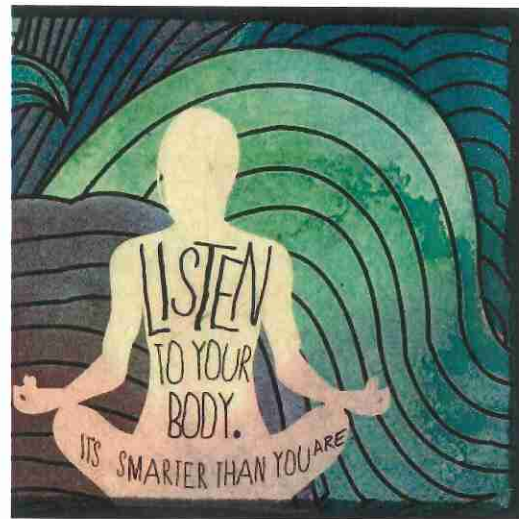


About the Speaker:

**Deborah M. Bain, RN, BSN**

Prism Health Advocates

Deborah Bain is the Managing Director of Prism Health Advocates, a healthcare advocacy organization that assists patients and families navigate the complexities of the healthcare system.



Things Your Body  
Doesn't Tell You  
and Things It  
Does (If You're  
Listening)

**To Reserve: 203.438.8226**

*Laurel Ridge*  
Health Care Center

Reservations required: Open to the public, space is limited.