



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



MEASURABLE PROGRESS UNLIMITED SUPPORT

**Diabetes Prevention Program
REGIONAL YMCA OF WESTERN CT**

NEW CLASS BEGINS:

May 18th

Thursdays at 10:00am
Elmwood Hall
10 Elmwood Place
Danbury CT 06810

YMCA MEMBERSHIP NOT REQUIRED

To see if you qualify or for
additional information, contact:

**LISA O'CONNOR
PROGRAM COORDINATOR**

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Loconnor@regionalyymca.org

SUPPORTED BY:



The YMCA's Diabetes Prevention Program is a CDC-approved curriculum and part of the CDC-led National Diabetes Prevention Program.

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