

# Possibly the most important Saturday errand of the year...

## RVNA's 42nd Annual Health & Wellness Fair

Saturday, April 9, 2016 | 10:00 am - 2:00 pm

East Ridge Middle School | 10 East Ridge Rd, Ridgefield

Sponsored by:



Free health screenings, demonstrations, information and advice:

Acupuncture Sessions  
Adult & Pediatric Eye Screening  
Arterial Analysis  
Ask the Dietitian  
Ask the Elder Law Attorney  
Ask the Pediatrician  
Balance Testing  
Bilateral Ultrasound  
Biofeedback Testing  
Blood Pressure  
Body Fat Analysis  
Breathwork & Stress Reduction  
Chair Massage  
Chiropractic Exams  
Cholesterol & Anemia Screenings  
Depression Education & Counseling  
Durable Medical Equipment Drive  
Essential Oil Demonstration  
Flexibility screening

Foot Exam  
Fraud & Crime Prevention  
Hands Only CPR Training  
Hearing Exam  
Height/ Weight/BMI  
Life insurance screening  
Massage therapy  
Mental Illness information  
Medical Equipment Drive  
Music Therapy Screening  
Nerve Scans  
Nutrition Counseling  
Oral Cancer Screening  
Pets Therapy  
Posture Screening  
Reflexology Sessions  
Rehabilitation Screening  
Skin Exam  
Vein Screenings



27 Governor Street | Ridgefield, CT | 203.438.5555 | ridgefieldvna.org  
Medicare-Certified Home Health Care Agency

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## Meet the Experts:

Abbvie Patient Advocate Program  
Advanced Audiology & Hearing Aid Services  
Advanced Foot Care Center  
Almost Home Adult Daycare  
Alzheimer's Association, Connecticut Chapter  
American Cancer Society  
Benchmark Senior Living at Ridgefield Crossings  
Boylan Chiropractic, LLC  
Charlotte Griffin, LMT  
Commision on Aging  
Cucumber & Chamomile, LLC  
Dermatology Associates of Western Connecticut  
doTERRA Essential Oils  
Dr. Roseann Capanna-Hodge, LLC  
Fairfield County Bank  
Girl Scouts of CT ~ Gold Award Project  
Glen Crest & Glen Hill  
Hamlet Hub  
Hancock Hall / Filosa for Nursing & Rehab  
Home Crew CT  
Homecare by RVNA  
Institute for Holistic Health Studies at Western CT State University  
Integrative Health of Connecticut, LLC  
Kara Acupuncture & Wellness

Laurel Ridge Health Care Center  
Liberty Mutual Insurance Representative  
Lupus Foundation of America, Connecticut Chapter  
Lyme Connection  
Maplewood Senior Living  
Meadow Ridge  
Meals on Wheels  
Medical Home Care  
Medicinal Skin, LLC  
Mental Health Connecticut, Inc. ~ Gatekeeper Program  
Mind Body Performance Training  
Minuteman Press  
New York Life Insurance  
Nostalgic Notes, LLC  
Reese, Hirsch, Shoults & Harrison, LLC  
Regional Hospice & Homecare  
Regional YMCA of Western CT  
Rides For Ridgefield  
Ridgefield Alzheimer Caregivers Support Group  
Ridgefield Chamber of Commerce Health and Wellness Council  
Ridgefield Dental Arts, P.C.  
Ridgefield Fire Department  
Ridgefield Health Department  
Ridgefield Library  
Ridgefield Lions Club  
Ridgefield Magazine

Ridgefield Parks & Recreation  
Ridgefield Physical Therapy, LLC  
Ridgefield Podiatry Associates  
Ridgefield Police Department  
Ridgefield Prevention Council  
RVNA Services & Lifeline  
Riva's Rides, LLC  
Riverbrook YMCA  
ROAR ~ Ridgefield Operation for Animal Rescue  
Sharon Todd Reflexology  
Sophia Natural Health Center  
Southern Westchester BOCES  
Stern Wellness Center  
TewesCares: Aging, Disability & Health Care Manager, Advocate & Educator  
The Greens at Cannondale  
The N.E.A.T. Center at Oak Hill  
The Village at Brookfield Common  
Town of Ridgefield Community Emergency Response Team  
UB Clinics  
Vein Institute of Connecticut  
Weir Farm National Historic Site  
Western Connecticut Medical Group ~ Ridgefield  
Wilton Meadows Rehabilitation & Health Care Center  
Women's Center of Greater Danbury

**Thank you** to Caraluzzi's, Stop & Shop, and Whole Foods for their support.

**Have unused medical equipment collecting dust?** Donations of gently used medical equipment will be accepted by NEAT, a non-profit organization that repairs and restores equipment.



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