



Finding your new normal: Life After Loss of a Spouse

Healing Hearts Center for Grief and Loss announces a daytime group for adults coping with the death of a spouse. The goal of this group is supportive in nature, providing a safe environment for sharing with others who have also been touched by loss. This group will meet twice monthly. An intake is required prior to group participation. For more information or to schedule an appointment for an intake, please contact:

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